



The 7th Express

Proudly Moving Alabama's 7th Congressional District Forward
Congresswoman Terri A. Sewell

March 2013

The 7th District Is On The Move!

Greetings!

The 7th Express is on the move! In our first term, this office helped secure over \$2.4 million in direct benefits to constituents of the 7th Congressional District and received over \$738 million in grants for our community. We hope to keep up this proud tradition! This newsletter is a way to track our progress. You can subscribe to this newsletter by visiting our website. Please forward to others so that they can stay informed. [Click here](#) to visit our website or visit <http://sewell.house.gov/>.

Congresswoman Sewell Hosts Bipartisan Congressional Civil Rights Pilgrimage



On March 1-3, we had the honor of hosting the 13th Annual Congressional Civil Rights Pilgrimage to Alabama. We were joined by 33 Members of Congress, 6 senators and Vice President Joe Biden. The bipartisan trip allowed participants the opportunity to retrace the steps of our nation's Civil Rights pioneers through historic sites in Alabama. [Click here](#) to view my press release.

Congresswoman Sewell Introduces Bill to Honor "Four Little Girls"

On January 23, I was honored to introduce H.R. 360 with my colleague Congressman Spencer Bachus (AL-06) to request the United States Congress to bestow its highest civilian honor—the Congressional Gold Medal—to Addie Mae Collins, Cynthia Wesley, Carole Robertson, and Denise McNair who tragically lost their lives during the 16th Street Baptist Church bombing in 1963. The purpose of this congressional effort is to recognize during this year of 50th commemoration, the significant role the City of Birmingham played in the Civil Rights Movement which changed this nation and impacted the world. Over the course of this year 2013, as we commemorate Birmingham's role in history, we must make every effort to remember and recognize not just these four little girls, but all those who have suffered and sacrificed so that Birmingham, Alabama and this nation could uphold its ideals of equality and justice for all. [Click here](#) to view my press release.

Congresswoman Sewell Attends State of the Union with Tuskegee Airmen Honoree Beatrice Price



Congresswoman Sewell Meets with Local Businesses



On January 28, we met with acting director of the Montgomery Veterans Affairs Regional Office Leanne Weldin and congressional liaison Walt Mayer.



On January 31, we had the opportunity to tour Priestler's Pecan Factory in Fort Deposit, AL.

Statement in Response to the Postal Service's Decision to End Saturday Letter Delivery

I am disappointed that the United States Postal Service had to make the decision to stop delivering mail on Saturday beginning in August. While I understand that the USPS must make tough budgetary decisions in order to remain financially solvent, this decision will impact thousands of constituents in my district, including many rural Alabamians and seniors. And as a result of this new mail delivery schedule, numerous postal workers could face potential layoffs. This decision clearly underscores the need for Congress to work together to make strategic decisions and offer comprehensive reforms that ensures the solvency of our federal agencies that provide critical services to Alabamians and all Americans. I look forward to working with my colleagues and this Administration to develop bipartisan solutions that accomplishes those goals. [Click here](#) to view my statement.

Constituent Corner

Veterans Benefits: A Success Story

In February 2011, our Selma district office opened a case for a veteran who had been having trouble with the claims process through the Department of Veterans Affairs. He had been denied previously at the Regional Office level and filed an appeal. We patiently and persistently worked on his behalf and in February of 2013, the Board of Veterans' Appeals approved his claim. He was awarded \$83,350 in retroactive benefits in addition to an increase in monthly benefits.

Protect the Voting Rights Act Rally



On February 27, I joined my colleagues, civil rights leaders and organizations on the steps of the Supreme Court to speak at the Protect the Voting Rights Act rally before oral arguments commenced in the Shelby County, AL v. Holder case. [Click here](#) to view my statement.

Social Media

Please be sure to "like" us on [Facebook](#), and follow us on [YouTube](#), [Twitter](#) & [Google+](#) to receive Congressional updates and keep abreast of office events!

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YouTube

<http://www.youtube.com/RepSewell>

Twitter

<http://www.twitter/RepTerriSewell>



It is an honor to serve the 7th District in Congress.
I'll be back in touch again soon!

A handwritten signature in black ink that reads "Terri".

Terri A. Sewell
Member of Congress