CORONAVIRUS PREVENTION TIPS

The CDC is encouraging all Americans to take the following everyday preventative actions:

- to stop the spread of COVID-19, the Coronavirus.

1. **WASH YOUR HANDS**
   Viruses can spread on hands, door knobs, counter tops, and other surfaces. If you touch those surfaces and then touch your nose, eyes, or mouth, you could become infected.

2. **USE SOAP**
   The CDC recommends you wash your hands often. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

3. **CLEAN FREQUENTLY TOUCHED OBJECTS**
   Make sure to clean "high touch" surfaces, like phones and counter tops with disinfectant.

4. **GET A FLU SHOT**
   It is a good idea to stay up to date on vaccines including the flu vaccine. The flu shot won’t protect you from the Coronavirus, but it will help you stay healthy.

5. **STAY HOME WHEN YOU ARE SICK**
   Stay home when you are feeling sick to help stop the spread of disease.

6. **STAY UP TO DATE**

WHAT CONGRESS IS DOING

*The House has passed two bills to address this public health crisis*

1. The House of Representatives passed the Families First Coronavirus Response Act, which is focused directly on providing support for America’s families, who are our first priority in this emergency.

   - Free Coronavirus testing for everyone who needs a test, including the uninsured;
   - Paid emergency leave with both 14 days of paid sick leave and up to three months of paid family and medical leave;
   - Enhanced Unemployment Insurance;
   - Strengthened food security initiatives, including SNAP, student meals, seniors nutrition and food banks;
   - And increased federal funds for Medicaid, as states face increased costs.

2. Congress also passed into law $8.3 billion in emergency funding to help states and public health providers fight the Coronavirus.

   - This funding is entirely new – not funding diverted from other critical public health priorities – to combat the Coronavirus epidemic and keep Americans safe.

   - The funding will support:
     - Research and development of Coronavirus vaccines, therapeutics, and diagnostics;
     - Improving surveillance for coronavirus;
     - Laboratory testing to detect positive cases;
     - Contact tracing to identify additional positive cases;
     - And infection control at the local level, including public awareness campaigns, to prevent additional cases.