Dear Friend,

If you get your health insurance through Medicare, your annual open enrollment period - the time when you can get or change your coverage - began October 15 and continues through December 7. During this time, you can review your existing coverage, compare traditional Medicare, Medicare Advantage, and Medicare Part D prescription drug plans or enroll for coverage for 2020.

Please review these frequently asked questions and links to resources to assist you.

**What is the Medicare Open Enrollment Period?**

- Medicare health and drug plans change annually – things like cost, coverage, and which providers and pharmacies are in their networks. You can change your Medicare Advantage plan, find a new Medicare prescription drug plan, move from a Medicare to a Medicare Advantage plan and vice versa.

**I am in traditional Medicare and I don’t want to change my coverage. How will this affect me?**

- You do not have to make any changes if you do not want to do so. If you do nothing during the open enrollment period, your plan under traditional Medicare will continue uninterrupted in 2020.

**Where can I go to learn more?**

- [Medicare.gov](#)
- [Medicare Plan Finder](#)
- [Alabama Department of Senior Services](#)
- [Other Frequently Asked Questions about Medicare Open Enrollment](#)
- [Types of Medicare Health Plans](#)
- [Information about Employer Coverage](#)
- [Information about Prescription Drug Coverage (Medicare Part D)](#)

If you have other questions about which plan to choose, what your plan covers, or how to change your plan, you may also call 1-800-MEDICARE (1-800-633-4227) or contact the Alabama SHIP Program at 1-877-425-2243. As always, my Birmingham District Office is available to assist you at (205) 254-1960.

Sincerely,

[Signature]

Congresswoman Terri A. Sewell