Dear Friend,

Every year the House Democratic Caucus hosts a friendly social media challenge to see which members can gain the most followers over a three week period. This year, I’m committed to making sure that the Seventh Congressional District comes in first place!

I hope you’ll take a quick moment to “like” and follow my Facebook, Instagram, Twitter and YouTube pages, and while you’re there, leave a comment! Let me know how you feel about the work we’re doing!

Follow me on Facebook!  
Follow me on Instagram!  
Follow me on Twitter!  
Follow me on YouTube!

I love social media because it allows me to stay connected to you, the people of the 7th District, while I’m in DC, advocating on behalf of the values, hopes and dreams we hold dear. It is also a way for you to be able to see the work I do every day on your behalf, both in and out of the district, and for you to provide invaluable feedback, letting me know exactly what you care about most. This incredible tool allows me to share with the rest of the country the things that make our state so special – from the Civil Rights Movement to our rich musical history to our unparalleled southern hospitality.

Thanks for your continued support,

Congresswoman Terri A. Sewell